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# Electronic Harassment through Social Media and its Psychological and Social Effects among a sample of Teenage girls: A field Study

Dr. Gehan Saad Abdo El Maby gehan.saad\_2015@yahoo.com Assistant Professor of Press, Faculty of Specific Education, Mansoura University

## Abstract

he study seeks to identify the extent of girls' exposure to electronic harassment through social networking sites and to identify the psychological and social effects that could be left by a sample of adolescent girls. The study is part of descriptive studies and has relied on the survey methodology. Governmental and private universities in the governorates of Cairo and Mansoura, have adopted the interview survey form as an essential tool for collecting sample data, and the study reached several results, **the most important of study were as following**:

1-Adolescent girls exposed to actual online harassment by 30.3% of the total sample, while 69.8% of them stated that they did not know if they were exposed or not, while 74% of the study sample saw that their friends and acquaintances were actually harassed, while 26% said that they did not know.

2-15.5% of the study sample believe that they are always affected by the content of electronic harassment, and 40.8% are affected sometimes, while 43.8% of them acknowledge that they are not affected by the content of electronic harassment messages, 40.8% of the study sample believe that their friends are affected by the content of electronic harassment messages permanently, 48% are somewhat affected by it, while 11.3% think they are not affected by it.

3-50% of the sample confirm that the effects of electronic harassment are social, 30.5% psychological, while 18.5% see them as sociological.

4-A measure I made Block Action that sent me the content at the forefront of the procedures that girls follow when subjected to electronic harassment by 80.5%, while it came to close the whole page and immediately came out in the second place with a percentage of 61.3%, and it came I do not care and I delete the content without taking any other action in third place with 60.5%.

5-Messages with spam came on top of forms of electronic harassment from the sample point of view with an average mean of 2.68, and secondly, videos and images of a sexual nature came second with an average of 2.57, while invitations from porn sites came in third with an average of 2.45.

6-The study sample sees that the most important causes of electronic harassment are the ease of disguise and the appearance of nicknames in the first place, then the physical appearance of some girls on social networking sites, then the absence of morals and the lack of religion in some people.





7-The sample's suggestions came to counter electronic harassment from the point of view of the sample, respectively, not accepting friend requests from unknown individuals 85%, making TV and electronic awareness campaigns to raise awareness of the seriousness of electronic harassment by 84% and then 83.8% see the need to make a complaint against those who attempted electronic harassment with it.

**Key words:** Online harassment, Adolescent girls, social and psychological impacts, Social media.